



**25th Annual
Best Practices in Brain Injury Services Conference**
**"Shattering the Myths,
Unmasking the Opportunities"**

**Break Out
Friday, March 3, 2017
2:15pm - 3:15pm**

Tracy Keninger, MA

Tracy Keninger holds a Bachelor of Science in Education from Minnesota State University as well as her Master's Degree in Rehabilitation Counseling from Minnesota State University. Additionally, she is a certified Assistive Technology Practitioner through RESNA.



Assistive Technology for Health and Wellness

Easter Seals intend to offer a different take on the utilization of Assistive Technology. By demonstrating AT and efforts related to the overall health and wellness efforts. Will bring devices, including fitness tracking devices as well as show videos of opportunities existing in the state of Iowa.

Objective:

- Participants will recognize the national and state data supporting the mental and physical health disparity among individuals with disabilities
- Participants will identify the barriers, solutions, and resources/referral source to positively impact the mental and physical health disparity among individuals with disabilities
- Participants will distinguish specific programs and techniques to successfully address the mental and physical health and wellness among individuals with disabilities

Target Audience:

Case managers, counselors, professionals

*Not limited to target audience